



COMMUNITY  
INVOLVEMENT  
PROGRAMS

Helping people live  
their greatest lives

## An opportunity to serve!

### *Writing Mentor*

**Objective:** Mentor a resident of one of our Adult Foster Care (AFC) homes to develop a life of writing.

**Responsibilities:**

- You will pick our resident up from their AFC and take them to a library or coffee shop to connect over the craft of writing.
- An introductory meeting will take place at the AFC, prior to the outing, so the resident may meet you ahead of time. Our Volunteer Coordinator will let you know if the resident agrees to the activity.
- We ask that you call the resident the day of the outing to remind/confirm that you're meeting that day. We also ask you later confirm the outing details with the Volunteer Coordinator after it has been accomplished. If you do not receive confirmation of the outing from the resident, you may assume it is not on for that day.

**Qualifications:** Are you a caring individual aged 18+, without a criminal record, who would like to spend time supporting and guiding a person who lives with a mental health diagnosis around developing their writing skills? You will need to pass background checks and orientation/training which CIP will provide and perform.

**Training & Preparation for the job:** You will go through training & orientation at CIP. You will be trained in all aspects needed for your volunteer opportunity, including vulnerable adult and HIPAA training.

**Benefits:** You will impact a resident's quality of life, self-esteem and confidence. You will meet new people, may learn new skills, and your sense of the value of community may expand.

**Commitment:** This is an activity with a flexible time commitment. The date and time will be worked out with you and the Volunteer Coordinator. CIP is only asking for a two

or three visit time commitment and then we hope it will build into something you will want to do regularly. All of our mentors and chaperones that have volunteered for the program this year have had fun and have decided to make this program a positive part of their lives. It is our hope that a strong relationship might develop and continue for as long as you and the resident desire.

**Evaluation:** At the end of the commitment, you and our Volunteer Coordinator will evaluate how the activity went and you will be able to give feedback about your experience.

**Supervisor:** Volunteer Coordinator, Jaime Gjerdingen, text-able cell: 612-314-9413, [jgjerdingen@cipmn.org](mailto:jgjerdingen@cipmn.org)

**Print Name** \_\_\_\_\_

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**CIP staff signature** \_\_\_\_\_

*Volunteers shall be recruited without regard to race, color, creed, religion, national origin, sex, sexual orientation, disability, age and marital status, status with regard to public assistance or membership in the local Human Rights Commission.*



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