

# InSight

Annual Report 2013



## 2013 Annual Report

As 2013 unfolded, we were hopeful that after 5 years of budget cuts and economic recession, we would finally see a rate increase from the state for our services. The legislature and Governor did suspend additional cuts and added a one percent rate adjustment for April of 2014. While this was very helpful, it fell short of the expectation that we would receive our first significant rate increase in seven years.

Despite this disappointment, Community Involvement Programs continued to grow and develop some new and exciting initiatives. We did receive money to diversify our residential supports for people with a serious mental illness. With a grant to develop individual residential options for people needing housing through the Group Residential Housing - Specialized Choice, we were given the opportunity to start placing individuals from Hennepin Health into individualized residential options.

In an improving economy, we continued to find jobs for people with disabilities who want to work. Using the "Discovery" model, we have found employment opportunities and matches for over 70% of the individuals in our employment program.

Community Involvement Programs also made significant investments in technology. We have updated our web page (you can check it out at [www.cipmn.org](http://www.cipmn.org)) and invested in the FMS Engine, a new software platform designed to support individuals and families in the self-directed program offered through the Family Services Department.

As 2014 approaches, we are readying ourselves for major changes in the regulation of services for people with disabilities through the Home & Community-based Waiver program. In addition, we are preparing for the new rate setting system that goes into effect January 1, 2014.

As always, we are continually focused on the people we support and the quality of services we provide. We look forward to 2014 and the opportunity to serve our community well.

Sincerely,

Handwritten signature of Peter Kimball in cursive.

Peter Kimball  
Chair, Board of Directors

Handwritten signature of John T. Everett in cursive.

John T. Everett  
Executive Director



# Community Involvement Programs

## Development

During 2013, Community Involvement Programs postponed its annual Gala in the spring of 2014. While the postponed Gala reduced some of the money raised this year, we still had a very successful Made in the Shade, a walk by 10 organizations at Lake Calhoun. In

addition, Community Involvement Programs participated in Give to the Max Day for the first time and raised over \$16,000 for the Program Participant Fund. Success in our fundraising efforts will make it possible for expanding the ways the money can be used in 2014.

## Residential Support Services

Community Involvement Programs provides residential services in Hennepin County through its five adult foster care homes, one Intermediate Care Facility (ICF) and its Supported Living Partnership program which supports individuals who live in their own setting, usually an apartment. In addition, Community Involvement Programs operates 6 adult foster

care homes in Pine County, two of which are owned by a family foundation. In addition, we support 12 individuals at North Court Apartments, a HUD apartment program sponsored by Community Involvement Programs. We anticipate that 2014 will bring about the renovation to the last house in Sandstone which is in Pine County.

## Case Management Services

Case management services at Community Involvement Programs is made up of both contracted case management services from Hennepin County and care coordination services contracted through Medica. In 2013, we saw the total cases contracted to Community Involvement Programs rise from 793 to 998 or a 26%

increase. The program was also preparing for major changes in the licensing requirements called 245D and a new rate setting process that takes effect January 1, 2014. Reviews by both Hennepin County and Medica demonstrated the caring, excellent services and supports from our case managers and care coordinators.

## Family Services

The Fiscal Support Entity (FSE) program, which we have been involved with since 2001, experienced another year of sustained growth. We continue to add individuals and families from all of the Metro area counties, including Anoka, Carver, Dakota, Hennepin, Isanti, Ramsey, Scott, Washington, and Wright. We support people who receive funding from all of the Home and Community Based waivers, as well as Alternative Care program. Many of our new families are seniors who use the Elderly Waiver to allow them to continue living at home. By the end of 2013, we were serving over 400 families. In addition, we provide staffing support to 140 families using Personal Support, an unlicensed waived service option. Each of the 525 families typically hired two or more employees to provide support.

## Mental Health Services (MHS)

In 2013, there were some positive changes in the Home Health Services with an increase in participant numbers from 230 to 252 and a marked decrease in discharges from 109 in 2012 to 82 in 2013. It is anticipated the growth in numbers will continue for psychiatric Home Health services. The Home Health department received two grants in 2013.

“Healthy Choices, Healthy Lives” was a grant provided by Medica which targeted participants with mental illness also diagnosed with diabetes or at risk for developing diabetes. Efforts for this grant were led by the Home Health department, but services of a Nutritionist, Health Coach and specific cooking classes were offered to all participants receiving services in the Mental

Health department. We received a second grant from Metropolitan Health Plan (MHP) which built on some of our earlier efforts. This grant was used to encourage an increase in physical activity through the use of recreational, fun activities. Independent Living Skills (ILS) a waived service under the Home and Community based services, continues to experience a decrease in numbers

## MHS continued

with the average census at 58 in 2013. 94 individuals residing in our Supportive Housing program received the support of a mental health worker throughout 2013.

CIP's six Adult Foster Care Homes vacancy rate continued to remain low at 96% occupancy for the year, compared to 95% occupancy in 2012. Despite the moratorium on creating new AFC's, CIP remains committed to supporting adults with a severe and persistent mental health diagnosis.

2013 was the Mental Health's departments first full year operating without an ARMHS program which CIP ceased operating in 2012 due to poor reimbursement rates.

## Housing Services

With the financial help of Hennepin County and the Minnesota Housing Finance Administration, Community Involvement Programs' continued its multi-year renovation projecting the renovations to three houses:

- 36th Place
- Tracy Lynn Terrace
- Eden Drive

In addition, we used Hennepin County's Sentence to Service program to complete the renovations. By using this program over the years, Community Involvement Programs has been able to utilize the resources it is given to complete more extensive renovations to more houses. The total number of houses now stand at 16.

## Employment & Community Supports

Community Involvement Programs' Employment and Community Supports programs are comprised of 4 individually licensed programs that allow us to meet a broad range of needs for people with disabilities. Three of the programs (Employment-Level 1, Employment-Level 2, and MARI) are licensed as Day Training & Habilitation (DTH) programs under MN Statute 245B. Of those three, the two employment-focused licenses are managed operationally by the same team of managers and staff. Employment and Community Supports holds an additional license to provide Supported Employment Services (SES), also regulated by MN Statute 245B.

The supports provided by Employment Services consist primarily of innovative, employment-focused supports to assist adults with a wide range of disabilities to find and maintain regular employment, at fair wages, as well as developing other meaningful connections in their communities. We take pride in our continued commitment to an Employment First philosophy... that is, we believe that employment should be the first and preferred option for people with disabilities, just as it is for other adults in our society. We work hard to reinforce the expectation that adults with disabilities can and should be contributing members of their communities, which may happen through employment or other activities. In 2013, our combined Employment and Day Services (DTH and SES) accepted more than two dozen new referrals,

provided supports to 131 individuals throughout the year, and developed or continued relationships with around 100 local businesses.

The MARI program—which stands for Music, Art, Recreation and Inclusion—provides supports to older adults with disabilities who have transitioned from their working lives into retirement and some working-aged adults who have developed age-related disorders such as early-onset Alzheimer's disease. The goal of the MARI program is to provide a place where people with disabilities who choose not to work any longer can continue to engage with their communities in meaningful ways while receiving a richer level of personal support to facilitate health and safety, respect and dignity, personal choice and fun! During 2013, the MARI program supported 25 individuals in their pursuit of health, happiness and active inclusion in the community.

We also provided transportation support to more than 135 individuals. More than two dozen individuals utilized some form of public transportation on a regular basis and we contracted with a private transportation vendor to ensure consistent services to a growing number of individuals in our MARI program who need specialized transportation services because of declining mobility. In addition, we operated a fleet of 29 vehicles, including three mini-buses that are wheelchair lift-equipped, four 12- or 15-passenger vans, and twenty-two 7-passenger mini-vans.

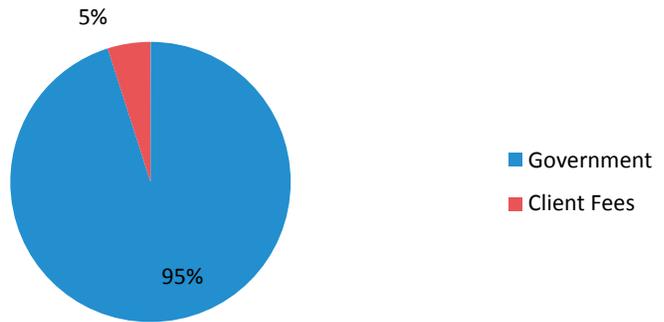
## 2013 Financials

Community Involvement Programs continues to be committed to be good stewards of the resources we are given. We ended this year with a modest surplus..

### Sources of Revenue

Government	28,990,028
Client Fees	1,504,474
Fund Raising	98,959
Other	19,652
<b>Total</b>	<b>30,613,113</b>

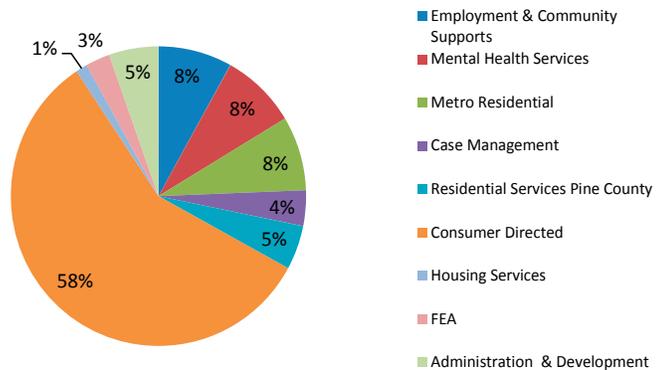
### Sources of Revenue



### Program Area Expenditures

Employment & Community Supports	2,463,684
Mental Health Services	2,514,911
Metro Residential	2,446,455
Case Management	1,168,525
Residential Services Pine County	1,454,061
Consumer Directed	17,561,556
Housing Services	385,722
FEA	811,787
Administration & Development	1,651,653
<b>Total</b>	<b>30,458,354</b>

### Program Area Expenditures



**Increase in net assets: \$ 154,759**

*Copies of the audited financial statements are available by calling 612-362-4414.*

2013 Donors

**\$5,000 +**

City of Richfield

**\$2,500-\$4,999**

Tankenoff Families  
Foundation  
Westminster Church

**\$1,000-\$2,499**

Eric Adams  
James & Debra Hagen  
Holy Cross Church  
Lanigan & Kolb LLC

**\$500-\$999**

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Our thanks to all other contributors. Please let us know about any additions or corrections by calling 612-362-4414. Thank you for your support.

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