



## Volunteer Lunch Helper

Community Involvement Programs (CIP) offers a broad scope of programs that help the people we serve live their greatest lives. Our services promote wellness, safety and recovery for people who have mental health diagnoses and/or intellectual disabilities. One of CIP's programs is the Music, Art, Recreation, Inclusion (MARI) program. The goal of the MARI program is to provide a welcoming environment where adults with disabilities who no longer work can feel safe and respected, while still having fun!

### Description

The lunch volunteer will help feed one or more participants at the MARI program who have difficulty feeding themselves. In addition to this the volunteer will help create a positive uplifting atmosphere and engage in fun and light conversation with the participants. Lunch volunteers play an important role ensuring that supported individuals receive increased attention and care while at the MARI day program.

### Qualifications:

- Outgoing, positive and patient attitude
- Be adaptable and flexible in working environments
- Be able to pass a criminal history background check

### Training

The Volunteer Coordinator will manage the onboarding process, including a background check and policy overview. After this a CIP staff member will train and teach volunteers about program specific activities when needed.

### Benefits to Volunteer:

- Be part of a team effort to ensure supported individuals receive extra care
- Lead community efforts to support people living their greatest lives
- Have fun and make friends with staff and supported individuals

### Commitment and Location

An ongoing activity offered at our office branch at 1701 American Blvd. East, Suite 19, Bloomington, MN 55425 on Mondays, Wednesdays and Fridays. The lunch hour is from 11:15 am to 12:45 pm. While the amount of days per week is solely up to the volunteers and their availability. It is asked that the volunteer participate for at least three months on a regular basis for this opportunity.

**Contact: Jaime Gjerdingen | Volunteer Coordinator | [jgjerdingen@cipmn.org](mailto:jgjerdingen@cipmn.org)**

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Volunteer Coordinator: \_\_\_\_\_